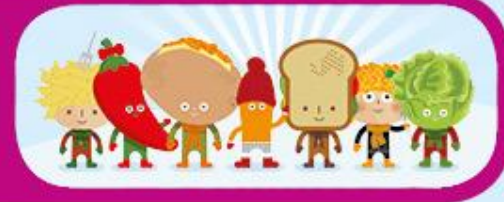


# WINTER/SPRING MENU 2018/19



## Meat Free Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week 1

Selection of Homemade Pizza Slices  
Pasta & Sauce  
Baked Jacket Wedges  
Mini Corn on the Cob  
Jelly & Fruit

Homemade Curry  
Jacket Potato Selection  
Hot Sandwich Special  
Vegetable Rice  
Cabbage  
Cheese & Crackers with Carrot & Cucumber Sticks

Spaghetti Bolognese  
Vegetarian Sausage Roll & Tomato Sauce  
Jacket Potato Selection  
Garlic Bread  
Mashed Potatoes  
Carrots  
Homemade Biscuit with Fruit Slices

Roast Dinner with all the Trimmings  
Hot Filled Tortilla Boat  
Pasta & Sauce  
Roast & Mashed Potatoes  
Cabbage  
Peach Melba

Salmon & Sweet Potato Fishcake  
Jacket Potato Selection  
Pasta & Sauce  
Chips  
Garden Peas  
Rice Pudding & Fruit

### Week 2

Vegetarian Quiche  
Jacket Potato Selection  
Pasta & Sauce  
Sliced Baguette  
Garden Peas  
Mango Frozen Yoghurt with Seasonal Fruit

Baked Sausages, Yorkshire Pudding & Gravy  
Pasta & Sauce  
Hot Sandwich Special  
Mashed Potatoes  
Broccoli  
Fruit with Custard

Tandoori Chicken Cheese Whirl  
Jacket Potato Selection  
Baked Jacket Wedges  
Mixed Vegetables  
Jelly & Fruit

Homemade Lamb Curry  
Jacket Potato Selection  
Pasta & Sauce  
Brown Rice  
Beetroot & Carrots  
Melon Lolly

Fish Fingers  
Vegetable Pasta  
Jacket Potato Selection  
Chipped Potatoes  
Sweetcorn  
Shortbread Bite with Fruit

### Week 3

Homemade Pizza Slices  
Quorn Bites  
Jacket Potato Selection  
Diced Potatoes  
Mixed Vegetables  
Fruit with Ice Cream

Chicken Curry  
Pasta & Sauce  
Hot Sandwich Special  
Sunshine Vegetable Rice  
Mini Corn on the Cob  
Cheese & Crackers with Carrot & Cucumber Sticks

Roast Dinner with all the Trimmings  
Hot Filled Tortilla Boat  
Jacket Potato Selection  
Roast & Mashed Potatoes  
Cabbage & Carrots  
Homemade Biscuit with Custard

Chilli con Carne  
Cheese Flan  
Pasta & Sauce  
Sweetcorn  
Fruit Salad with Blueberry  
Frozen Yoghurt

Fish Goujon  
Jacket Potato Selection  
Pasta & Sauce  
Mashed Potatoes  
Garden Peas  
Homemade Muffin

The Fresh Fayre Gang - making your school dinners taste great!